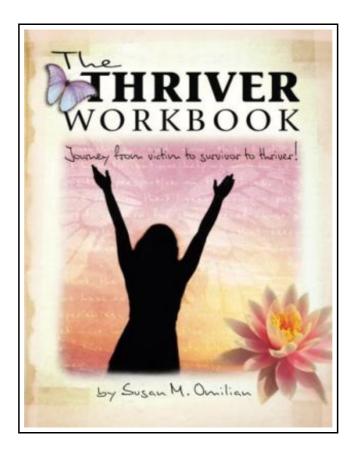
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Butterfly Bliss Productions LLC, United States, 2010. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Can you imagine experiencing the part of you that has been untouched by violence, abuse, trauma, hurt and pain? There is a journey beyond merely surviving abuse. It is the Journey to the Real You - the amazing place where positive energy flows and you are a THRIVER! The Thriver Workbook: Journey from Victim to Survivor to Thriver! is an invaluable book to help you take the critical next-step from survivor to thriver! It contains the motivational guidance Susan Omilian has successfully used in her My Avenging Angel Workshops since 2001. With easy-to-use worksheets, interactive writing exercises and inspirational success stories from those who have survived abuse, The Thriver Workbook takes the reader step-by-step, chapter-by-chapter, through the exercises, writing prompts and interactive activities that women enjoy in Susan s two-day workshop. Also shared in the book are Thriver Success Stories, by women who have survived domestic violence and are now thriving. Visit Susan s website at for more information about Susan, her workshops and her workbook.

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