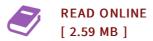




## Backpacking the Light Way: Comfortable, Smart, and Ultralight Hiking

By Richard A. Light

Menasha Ridge Press Inc. Paperback. Book Condition: new. BRAND NEW, Backpacking the Light Way: Comfortable, Smart, and Ultralight Hiking, Richard A. Light, This is not another backpacking gear book. Backpacking the Light Way is for both beginner and advanced backpackers who want to pack more efficiently, carry less weight, still be fully prepared for contingencies, and have more fun in the backcountry. It will benefit instructors and guides by giving them methods to teach their clients, and it will help them refine their risk assessment and trip planning techniques. This book presents field-tested, proven methodologies including gear organization, modular packing systems, and creating gear lists that work. Assessing conventional gear currently owned and understanding the mindsets of both conventional and ultralight backpacking. Navigating the mindset shift required to seriously lighten up and redefining each gear system to meet your needs. Dealing with winter conditions and packing to minimize frustration. Assessing risk, effective trip planning and much more.



## Reviews

Most of these ebook is the perfect publication accessible. It is writter in easy terms and not difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

## -- Anastasia Kihn

This is an awesome publication which i have actually read. This is certainly for all who statte that there was not a well worth reading through. Its been designed in an extremely straightforward way and it is merely after i finished reading this ebook in which actually changed me, affect the way in my opinion.

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